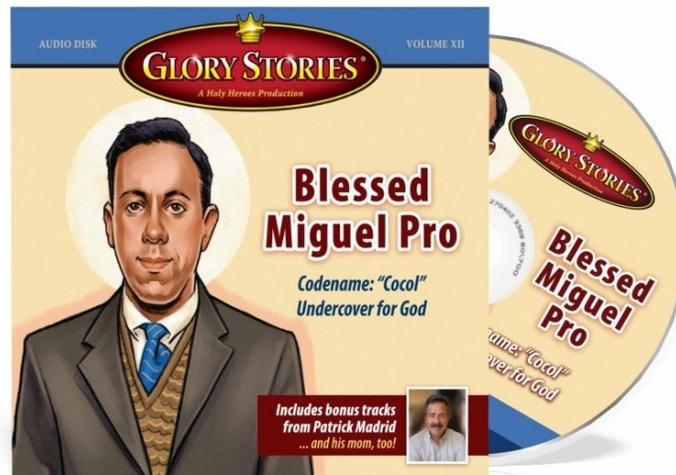




Blessed Miguel Pro
Codename: "Cocol"
Undercover for God

EDUCATION GUIDE FOR PARENTS



Thank you for purchasing our Glory Story on Blessed Miguel Pro!

We hope you enjoy listening to this audio drama as much as we had fun creating it!

Like many parents or teachers, you may be wondering how best to use your newly-acquired audio drama. Never fear!

Here are **7 ideas** on how to use your new Blessed Miguel Pro Glory Story:

1. During Car Rides or Road Trips

“We love learning about saints, and my children ask me to play the glory stories over and over in the car!! They never get tired of hearing the stories!!” – Joanna from Friendswood, TX

Play the Glory Story while driving to your next field trip or event! Kids will stay interested in the story and characters (instead of the next pit-stop!)

2. In the Classroom

“It is great reinforcement for any reading you are doing on the Saints.” – Mom of 5 from Albuquerque, NM

Supplement your CCD or religious education classes with Glory Stories! Play small sections of the Glory Story each class and pose a discussion question. Our suggested questions on page 3 will aid you in lesson planning!

3. Celebrating Feast Days

“When your grandson calls you and is jumping up and down with joy over a gift you know you found the perfect item” – Diane from San Diego, CA

Use the Glory Story as part of your feast day celebrations! Mark November 23rd in your calendar, and plan a day dedicated to his story! Play the Glory Story, eat a yummy Mexican treat, and have kids make a cool craft! For ideas on décor, activities, and more, check out our “Blessed Miguel Pro” board on [Pinterest!](#)

4. Gifts for Birthdays or Receiving Sacraments

“I love all the Glory Stories, but this is definitely one of my faves! What a perfect First Holy Communion present!” – Holly from Aberdeen, NC

Know someone named Miguel? Is your child or grandchild receiving First Holy Communion soon? What better gift than a Glory Story to both further their religious education and let them know they are loved!

5. Parenting Tools

“Our whole family enjoys listening to the lovingly written & read stories. A great way to help us think like saints.” – Michelle from Larkspur, CO

Use the Glory Story to bring up important and relevant topics with your kids. Listening to the story can help start conversations about treating others with respect, telling the truth, and other virtues!

6. Donations to Parish or School Community

"I can't say enough on how great these CDs teach and entertain." – Jennifer from Quincy, IL

Know people in your parish community who could use a Glory Story or two? Donate a copy to your parish library, Catholic school, or daycare!

7. Afternoon Down-Time or Bedtime

"A great way to use what would be wasted time; now we use it learning about God. Thank you!" – Homeschool Mom

Give momma a well-deserved break! Entertain the kids without having to turn on the TV! Kids will exercise their imagination, creativity, and listening skills while learning about their faith...it's a win-win! Or, pop in a Glory Story Audio Drama before bedtime to help kids wind down from the day.

[Collect the entire set!](http://www.holyheroes.com) Visit www.holyheroes.com today!



Discussion Questions

Not sure how to talk about the story with your kids? We've created a list of discussion questions for you! Of course, feel free to adapt or omit these questions based on your child's age, maturity, interests, attention span, etc.

Note: Blessed Miguel Pro's Glory Story is a "double-length story," which means it runs about 50 minutes long, and does not pair with another saint's life (like many of our other Glory Stories).

Also...there are (imitation) gunshots heard on Track 4 and Track 7 of the story. If you have especially sensitive children, perhaps prepare them in advance for these parts!

1. Where was Miguel Pro born in 1891? *Guadalupe, Mexico*
2. Do you like to play pranks? Do you like to receive pranks? Do you know the difference between a funny prank and a cruel one? Maybe share a story about the best prank you ever pulled!
3. Why was "Cocol" Miguel's nickname? *Because it was his favorite treat.*
4. Miguel made sure to say grace before he ate his snack, even though he was super hungry! Do you say grace before meals every time, even in public? Talk about how even that simple prayer can be a witness for others!
5. The Catholic persecution in Mexico was terrible and violent. Was there a time when people made fun of you for being Catholic (or maybe made you feel bad)? Or maybe tried to intimidate or bully you? Share a time when you needed a lot of courage to stand up for what you believed in.
6. The persecution of Catholics in Mexico was a very sad and scary time. Many innocent people were thrown in jail or even killed. Why does God allow bad things like this to happen? *Because he will always bring about a greater good!*
7. What is the sweetest bread of all (even sweeter than cocol)? *Jesus in the Eucharist, because He is the bread of life!*
8. How lucky that the girl Miguel asked to pretend to be his girlfriend agreed to help him! Call to mind a time when God protected you in an unexpected way.
9. Because Miguel loved God so much, he was not afraid to face death. We should keep in mind that we are made for heaven, and we never know when God will call us home! We should use the time that we have to the best of our ability (just like Miguel did!). Miguel served God as a priest for only 2 years before he was executed. At one point, he was bringing communion to over 300 people a day! He understood the importance of using our time wisely and always looking forward to the glory of heaven.

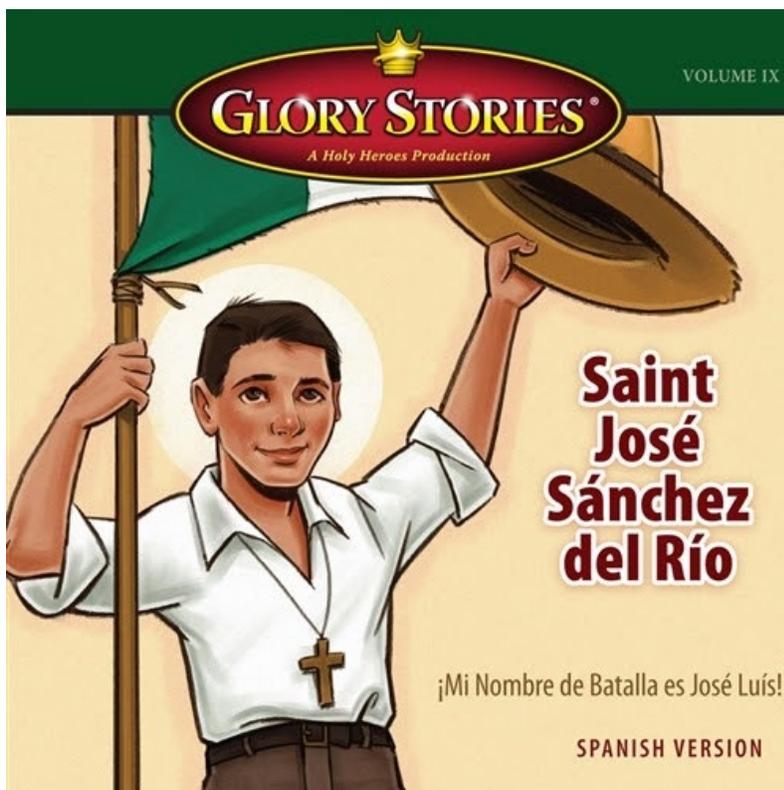
Depending on the age of your children, bring up the topic of death and martyrdom. Would they be able to give their life for their faith? What do they think heaven will be like? What are some ways that they can use their time better on earth? *Prayer, uplifting entertainment, kind words and deeds, etc.*

10. What happened after Father Miguel was executed? Did it work out the way the government wanted? *The government wanted to make an example out of Miguel and his brother Roberto, but thousands of people showed up to his funeral; they threw flowers on his coffin and shouted "Viva Cristo Rey!"*

11. Who beatified Miguel Pro in 1988? *Saint Pope John Paul II!*

Note: Track 9 onwards is best for older kids and parents...definitely give it a listen! Patrick Madrid, himself of Spanish descent, gives excellent historical background for the Cristero Wars and persecution of Catholics in Mexico.

Enjoyed this story? Check out [Saint Jose Sanchez del Rio's Glory Story](#). Available in English and Spanish!



Definitions to Know

Is your child struggling with an unfamiliar word or phrase? Here are a few of the harder terms to understand or pronounce (and suggested ways to explain them)!

- **Viva Cristo Rey!** - Blessed Miguel Pro's last words; it means "Long Live Christ the King!"
- **Cocol** - a Mexican sweet bread made with cinnamon and sugar
- **Tejocote (te-ho-COT-e)** - a sweet stone fruit grown in Mexico, also known as the Mexican hawthorne

Activity Ideas

Help your kids retain the Glory Story through a fun activity! We recommend brainstorming some simple but fun ways your family or class can practice Blessed Miguel Pro's virtues.

Here are a few of our own! As always, adapt or create a project that is perfect for your family or classroom!

- **Do something courageous to defend your faith!**

Blessed Miguel showed great courage in the face of adversity. He was not afraid to defend his faith in the face of persecution!

Talk to your kids about how they can live courageously and boldly in the world. Help them brainstorm ways they can be brave in practicing their faith. It could look like volunteering for a soup kitchen, or making bags for the homeless.

Another great way to practice courage through the faith involves defending life. Our [Spiritual Adoption Prayer Adventure](#) is the perfect way to teach kids about the beauty of life. Your children will pray for an unwanted baby every day for nine months, while also learning fascinating information about their "adopted" baby's development in the womb. It's easy on the parents and engaging for kids!

- **Learn Catholic prayers in Spanish!**

How about learning some well-loved prayers in Spanish? If your kids are taking Spanish for school, this is a perfect way to combine subjects!

Search for proper pronunciation on YouTube, or maybe ask your parish priest. Check the church schedule to see if Mass is offered in Spanish as well...it is such a joyful experience!

Need ideas for prayers? We got you covered! Our [Stations of the Cross Prayer Booklet](#) is bilingual, as is the accompanying [Stations of the Cross Coloring book](#)!

Or, how about a simple prayer card? Our [Send Your Angel to Mass Prayer Card](#) is also available in Spanish! This prayer is perfect for the days when your family can't attend Daily Mass...instead, send your Guardian Angel to pray in your place! Learn a line a day, and have a prayer you can say for the rest of your life!

- **Create a comedy skit!**

Miguel loved to make people laugh, and his clever disguises also helped him escape from the police! He knew that laughter is a powerful tool in the face of fear.

Have your kids compile all their favorite jokes and put on a comedy night! From knock-knock jokes to puns to silly sketches, everyone is sure to have fun! Do it as a family, or ask some friends to come over for the evening!

Better yet, combine the event with taco night...dinner and a show!

- **Bake someocol!**

Everyone loves Mexican food, but have you ever tastedocol?

After the story, we've included Patrick Madrid's mom's recipe for the mexican sweetbread! Listen to the CD for the full measurements and instructions...after you're done, be sure to take a picture and tag us on social media ([@holymheroes](#))!

Ingredients:

- Flour
- Active dry yeast
- Warm water
- Lukewarm milk
- Sugar
- Salt
- An Egg
- Butter

For the topping:

- Cinnamon
- Sugar

Tools:

- Ceramic or aluminum bowl
- A circular baking dish or bundt pan

Additional Resources

Need more ideas? Check out these cool books, websites, and more!

Books:

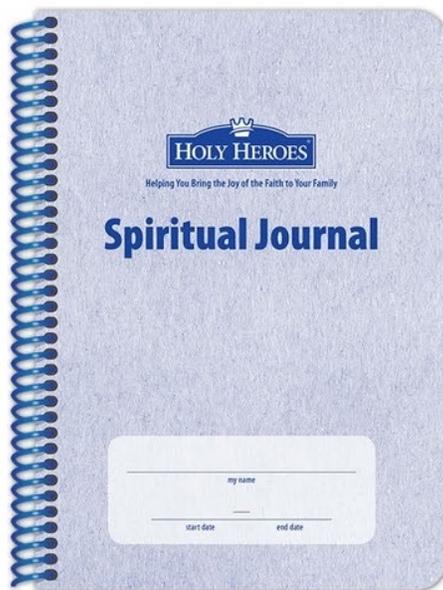
Saints and Sinners in the Cristero War by Fr. James Murphy

Websites / Pilgrimage:

[Basilica of Our Lady of Guadalupe \(Guadalupe\) Virtual Tour](#)

Church of the Holy Family / Parroquia de la Sagrada Familia (Mexico City)*

**This is where the Shrine of Blessed Miguel Pro is! They don't have an official website, but there are plenty of pictures on the Internet!*



This Glory Story pairs well with these Holy Heroes Products!

[Our Lady of Guadalupe Prayer Pillowcase](#)

[Send your Angel to Mass Prayer Card \(English and Spanish\)](#)

[Holy Heroes Spiritual Journal](#)

[Bilingual Stations of the Cross Booklet](#)

[The Road to Calvary / El Camino al Calvario Coloring Book](#)

[Holy Heroes Playing Cards](#)



Helping You Bring the Joy of the Faith to Your Family